# **Health Psychology (Module – Health and Welfare)**

Title of Study Programme and Code	Type (compulsory/optional)	Cycle	Year of study when the component is delivered (if applicable)
Social Work 653L50009	Compulsory	3 st	2 year
Semester/trimester when the component is delivered	Number of ECTS credits allocated	Language of instruction	Mode of delivery (face-to-face/e- learning/)
Autumn	3 ECTS	English	Face-to-face
Learning outcomes		Study methods	Assessment methods
After completion of the study subject, a student should be able to:  LO 1 Know theoretical social work in healthcare peculiarities in cases of different situations, related to disorders of physical, mental, social health.  LO 2 Diagnose client's psychosocial functioning problems and prepare a strategy of the network empowerment.  LO 3 Understand and be able to choose and apply appropriate methods (therapies) of work with special needs' clients.  LO 4 Understand and be able to choose and apply appropriate methods (therapies) of work with special needs' clients.		Group work; Case study; Analysis of information source; Preparation of simulation program.	Project work; Presentation; Case study Presentation and Discussion; Group work assessment; Presentation of simulation program to the colleagues and its discussion; Survey.

## **Prerequisites**

#### (these courses must be sucessfully completed prior to taking this particular course)

Modules: Introduction into Studies, Social Worker's Professional Activity, Communication, Child and Family Welfare subjects shall be accomplished.

### **Course content**

Special education system, principles, objectives. Characteristics of persons, having special needs and classification of disorders. Assessment of special education needs. Methods for developing individual programme. Psychological features of the disabled. Experiences of families, raising children with disabilities. Experiences of patients, suffering from somatic diseases. Experiences of mental patients and their relatives. Psychological principles helping them. Experiences of the mentally retarded. Experiences of persons, suffering from non-curable diseases (terminally ill). Assistance to the dying person and relatives' psychology. Psychological experiences of children with special needs. Communication with people with various disorders. Specifics of work with clients with specific disorders, recommendations.

#### Recommended or required reading and other learning resources/tools

- 1. Social work with disabled people: Michael Oliver and Bob Sapey. 2006, New York [N.Y.]: Palgrave Macmillan.
- 2. Millstein, S. G., & Irwin, C. E. (1987). Concepts of health and illness: Different constructs or

variations on a theme? *Health Psychology, 6*(6), 515–524. <a href="https://doi.org/10.1037/0278-6133.6.6.515">https://doi.org/10.1037/0278-6133.6.6.515</a>

3. Dougall, A. L., & Baum, A. (2012). Stress, health, and illness. In A. Baum, T. A. Revenson, & J. Singer (Eds.), *Handbook of health psychology*.