

Course unit title	THERAPEUTIC NURSING
Course unit code	BPS(SK)/3-1.5
Type of course unit	Compulsory
Level of course unit	First cycle
Year of study (if applicable)	Second year
Semester/	Fall semester
Number of ECTS credits allocated	4 ECTS
Learning outcomes of the course unit	<p>Upon completion of the course unit, students will be able to:</p> <p>LO1 assess signs of internal diseases, identify the relationship between symptoms and their causes, and evaluate possible disease complications;</p> <p>LO2 identify patient nursing problems and prepare a nursing care plan by recognising and assessing the main signs of impaired vital functions using the Roper Nursing Model and evidence-based practice;</p> <p>LO3 determine the scope of nursing care according to the patient's functional status;</p> <p>LO4 prepare patients for diagnostic and therapeutic procedures;</p> <p>LO5 justify the need for physical activity and medical rehabilitation in maintaining or restoring the health of patients with internal diseases;</p> <p>LO6 cooperate with patients and their relatives, encouraging their participation in the nursing process.</p>
Mode of delivery	Blended learning
Prerequisites and co-requisites	Biomedical Sciences; Fundamentals of Health Care.
Course contents	Etiology, pathogenesis, risk factors and prevention of internal diseases. Main diagnostic tests in internal medicine. Assessment of the health status and activities of living of patients with internal diseases. Holistic team-based nursing care and evidence-based practice in therapeutic nursing. Nursing care of patients with respiratory, cardiovascular, haematological, digestive, renal and urinary tract diseases. Nursing care of patients with endocrine, metabolic and musculoskeletal disorders. Nursing care of patients with neurological diseases, neuroinfections and cerebrovascular disorders. Medical rehabilitation and physical activity in internal diseases. Patient education. Epidemic process, infectious diseases, immunoprophylaxis and infection prevention. Nursing care of patients with skin diseases. Sexually transmitted infections, principles of treatment, prevention and nursing care. Nursing diagnosis, planning, implementation and evaluation of nursing care through simulations and clinical case analysis.
Planned learning activities and teaching methods	Lectures, seminars, practical classes, case analysis, clinical simulations, independent study, group discussions.
Assessment	Case presentation / nursing care plan – 30%. Practical work – 40%. Test – 30%.
Language of instruction.	English
Work placement(s)	Utenos kolegija Higher Education Institution Faculty of Medicine Nursing Simulation Centre