

<b>Course unit title</b>	<b>NURSING THEORY AND EVIDENCE-BASED PRACTICE</b>
<b>Course unit code</b>	BPS(SK)/1-2.2
<b>Type of course unit</b>	Compulsory
<b>Level of course unit</b>	First cycle
<b>Year of study (if applicable)</b>	First year
<b>Semester/</b>	Fall semester
<b>Number of ECTS credits allocated</b>	3 ECTS
<b>Learning outcomes of the course unit</b>	<p><b>Upon completion of the course unit, students will be able to:</b></p> <p>LO1 explain the concept of nursing, nurses' functions and responsibilities, and the main concepts of nursing: human being, health and illness;</p> <p>LO2 describe nursing research directions and evidence-based practice in nursing;</p> <p>LO3 apply the steps of evidence-based practice in nursing practice; search for evidence when solving patient care problems;</p> <p>LO4 explain nursing theories and models, evidence-based nursing practice models, the Roper Nursing Model and the nursing process;</p> <p>LO5 apply evidence in patient care and complete nursing documentation according to a clinical situation.</p>
<b>Mode of delivery</b>	Blended learning
<b>Prerequisites and co-requisites</b>	None
<b>Course contents</b>	<p>The concept of nursing. Nurses' functions and responsibilities. Main concepts of nursing: human being, health and illness. Independent literature studies on the history of nursing development.</p> <p>Nursing research directions. Evidence-based practice in nursing. Application of evidence-based practice steps in nursing practice. Evidence search when solving patient care problems. Journal club. Comparison of nursing research directions and nursing concepts according to three nursing models. Literature search according to the provided evidence-based practice protocol.</p> <p>Nursing theories and models. Evidence-based nursing practice models. The Roper Nursing Model. Nursing process. Application of evidence in patient care. Collection of nursing data and assessment of activities of living. Nursing planning: nursing problem, nursing diagnosis and goal. Evidence search and appraisal. Nursing implementation: nursing interventions and evaluation of nursing outcomes. Completion of nursing records. Preparation of a nursing record according to a real clinical situation.</p>
<b>Planned learning activities and teaching methods</b>	Interactive lectures, seminars, practical work, independent literature studies, evidence search, journal club, case analysis, preparation and presentation of independent work, consultation, independent study.
<b>Assessment</b>	<p>Test – 50%.</p> <p>Case analysis / nursing record – 20%.</p> <p>Presentation – 30%.</p>
<b>Language of instruction.</b>	English
<b>Work placement(s)</b>	Utenos kolegija Higher Education Institution Faculty of Medicine