

Course unit title	MANICURE AND PEDICURE
Course unit code	KS(SK)/3-4
Type of course unit	Compulsory
Level of course unit	First cycle
Year of study (if applicable)	Second year
Semester/	Fall semester
Number of ECTS credits allocated	6 ECTS
Learning outcomes of the course unit	Upon completion of the course unit, students will be able to: LO1. Assess the condition and changes of the client's hands, feet and nails. LO2. Perform manicure and pedicure procedures. LO3. Carry out disinfection and sterilisation of manicure and pedicure instruments.
Mode of delivery	Blended learning
Prerequisites and co-requisites	Anatomy, Physiology and Pathology; Biochemistry and Biophysics; Workplace Ergonomics and Hygiene; General Cosmetology; Dermatovenereology; Cosmetic Chemistry and Materials Science
Course contents	Introduction to manicure and pedicure. Hand and foot anatomy. Nail structure. Nail changes and anomalies. Infectious nail and skin diseases. Hygiene standard in manicure and pedicure practice. Classification of manicure and pedicure instruments and tools. Hand care. Types of manicure. Foot care. Types of pedicure. Nail polishing.
Planned learning activities and teaching methods	Theory analysis, demonstrations, discussions, pair work, presentation methods and case analysis.
Assessment	Continuous assessment – 40%. Examination – 60%
Language of instruction.	English
Work placement(s)	Utenos kolegija Higher Education Institution Faculty of Medicine Centre if Cosmetology