

Course unit title	GERIATRIC, PALLIATIVE AND ONCOLOGICAL NURSING
Course unit code	BPS(SK)/3-1.1
Type of course unit	Compulsory
Level of course unit	First cycle
Year of study (if applicable)	Second year
Semester/	Fall semester
Number of ECTS credits allocated	4 ECTS
Learning outcomes of the course unit	<p>Upon completion of the course unit, students will be able to:</p> <p>LO1 assess the health status and nursing needs of older and geriatric patients and evaluate the effectiveness of nursing care in different disorders;</p> <p>LO2 identify nursing problems and prepare a nursing care plan by recognising and assessing the main signs of impaired vital functions using the Roper Nursing Model and evidence-based practice;</p> <p>LO3 determine the scope of nursing care according to the patient's functional status;</p> <p>LO4 cooperate with patients and their relatives, encouraging their participation in the nursing process;</p> <p>LO5 assess the knowledge and skills of therapeutic, older and geriatric patients needed for health preservation and promotion, and select effective teaching and learning methods;</p> <p>LO6 communicate and cooperate with patients and their relatives, encouraging them to participate in the care process.</p>
Mode of delivery	Blended learning
Prerequisites and co-requisites	Completed modules: Biomedical Sciences; Fundamentals of Health Care.
Course contents	Health care of older people. Ageing and diseases. Concept of gerontology. Demographic indicators. The phenomenon of population ageing. Evidence-based practice in patient care. Biology and physiology of ageing. The most common age-related diseases. Goals of geriatric medicine and gerontological nursing. Social services for older people. Holistic gerontological assessment of the patient's health status. Problems occurring in activities of living during the ageing process and ways to solve them. The most common pathological conditions and diseases of the cardiovascular, respiratory, endocrine, musculoskeletal, haematopoietic, digestive, excretory and nervous systems in old age. Geriatric rehabilitation and physical activity. Patient education. Concept, aims, main principles and ethical aspects of palliative care. Organisation of palliative care and the nursing team. Nursing in palliative and oncological care. Development of a patient care plan. Symptomatic therapy and its application. Psychological and spiritual support. Palliative sedation methods. Critical cases. Oncological diseases and palliative nursing. Basic principles of symptom relief in dying patients. Pain medicine. Causes of pain in cancer. Pain relief. Pain assessment.
Planned learning activities and teaching methods	Interactive lectures, video and audio material, independent work, analysis of advanced practice, simulations, critical reflection, small group work, journal club, written case analysis, role play, seminars, practical classes, clinical situation analysis, evidence search and appraisal, preparation and presentation of independent work, consultations.
Assessment	Presentation / case analysis – 30%. Practical work – 40%. Test – 30%.
Language of instruction.	English
Work placement(s)	Utenos kolegija Higher Education Institution Faculty of Medicine Nursing Simulation Centre