Course unit title	PROFESSIONAL DENTAL HYGIENE AND CLINICAL PRACTICE
Course unit code	BH(SK)/4-3
Type of course unit	Compulsory
Level of course unit	First cycle
Year of study (if applicable)	Second year
Semester/	Spring semester
Number of ECTS credits allocated	9 ECTS
Learning outcomes of the course unit	**Upon completion of the course unit, students will be able to**: LO1. Conduct an applied research project related to the prevention of oral diseases. LO2. Select and use instruments and devices for the removal of mineralised and non-mineralised dental deposits. LO3. Sharpen instruments used for calculus removal. LO4. Collect patient anamnesis, record clinical findings and complete dental records. LO5. Recognise and diagnose common carious and non-carious dental lesions. LO6. Assess oral hygiene status using oral hygiene indices. LO7. Remove soft and hard deposits from tooth surfaces. LO8. Apply fissure sealants and topical fluoride applications. LO9. Provide oral hygiene instruction and develop an individual oral care plan. LO10. Complete statistical reporting form No. 027-1/a electronically.
Mode of delivery	Blended learning
Prerequisites and co-requisites	Professional Language, Microbiology and Infection Control in Dentistry, Anatomy, Physiology and Pathology, Human Embryology and Histology, Preclinical Studies, Pharmacology and Phytotherapy, Basics of Biochemistry, Immunology and Genetics, Clinical Subjects, First Aid, Oral and Community Health Education.
Course contents	Applied research in oral disease prevention. Patient assessment, anamnesis collection and dental records. Oral hygiene indices. Diagnosis of carious and non-carious lesions, tooth anomalies and hypersensitivity. Fissure sealants and fluoride applications. Oral irrigation. Instrument sharpening. Removal of soft and hard deposits. Polishing of teeth and restorations. Individual oral hygiene instruction and oral care planning.
Planned learning activities and teaching methods	Lectures, practical classes, case analysis, seminars, independent study.
Assessment	Continuous assessment and final examination. Assessment methods: tests, practical assignments, case analysis, presentations final examination. Final grade: continuous assessment (50%) and final examination (50%).
Language of instruction.	English
Work placement(s)	Utenos kolegija Higher Education Institution Faculty of Medicine Centre of Prepare Dental Care Specialist