



UTENA UNIVERSITY  
OF APPLIED SCIENCES

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# COURSE CATALOGUE

## 2023-2024 ac.y.

**Utenos kolegija** (Utena University of Applied Sciences). Data is collected and kept in the Register of the Legal Entities

**Company Code** 111965850.

**Address:** 7 Maironio str., LT28142 Utena, Lithuania

**Tel.** +370 389 516 62

**Fax.** +370 389 516 62

**E-mail:** [administracija@utenos-kolegija.lt](mailto:administracija@utenos-kolegija.lt)

**Website** [www.utenos-kolegija.lt](http://www.utenos-kolegija.lt)

## *Welcome*

*We warmly welcome applications from international students. No matter what you choose, we will work hard to make sure that your stay with us offers you an exciting and rewarding experience. We offer your choice of courses and study options that will meet your talents and goals. We offer you a high-quality education along with a personally enriching student life experience.*

*With a focus not only on the theoretical background but on professional placements as well, we aim to ensure that all our students develop the range of professional and personal skills required for success in their chosen careers.*

*Flexibility and individuality are our real strengths. We know from experience that flexibility is very important in preparing our students for a world today in which new graduates need a wide range of knowledge, understanding, and skills.*

*We look forward to welcoming you to Utena University of Applied Sciences in the future.*



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## FACTS ABOUT LITHUANIA

Surface area:	65,300 sq. km
Population:	2,718,352
Capital:	Vilnius, 581,000 inhabitants
Language:	Lithuanian
Government:	Democratic republic



**Lithuania**, officially the **Republic of Lithuania** (Lithuanian: *Lietuvos Respublika*), is a country in Northern Europe. One of the three Baltic states, it is situated along the southeastern shore of the Baltic Sea, to the east of Sweden and Denmark. It is bordered by Latvia to the north, Belarus to the east and south, Poland to the south, and Kaliningrad Oblast (a Russian exclave) to the southwest. Lithuania is a member of the European Union, the Council of Europe, a full member of the Schengen Agreement and NATO. On 1 January 2015, Lithuania adopted the euro as the official currency and became the 19th member of the Eurozone.

## Population and Religion

Lithuanians are one of the ethnic groups in the Baltic region. Lithuania has a population of about 2,718,352 people. According to the data from Eurostat, 66.1 percent of the population of Lithuania, aged 25 – 64, can speak two or more foreign languages, 31.5 percent can speak one foreign language, and a mere 2.5 percent of the population cannot speak any foreign languages. The foreign languages people speak the most are English and Russian. Lithuanians are sometimes called the northern Italians, referring to our warm sensual nature.

Lithuania became Christianised at the end of the 14th - beginning of the 15th century. Up until that time, it was a pagan country. Today, Roman Catholics represent the majority of the population. The Russian Orthodox Church, Protestants-Lutherans, Evangelical Christians Baptists, Islamic and Judaic religions are all represented in Lithuania. Believers of all religions are equal before the law.

### More information:

<https://lietuva.lt/en/#>

[http://www.studyinlithuania.lt/en/why\\_lithuania/whynot](http://www.studyinlithuania.lt/en/why_lithuania/whynot)

## Climate

The climate of Lithuania can be described as a typical European continental influenced climate with warm, dry summers and fairly severe winters. January is the coldest month with daytime temperatures usually around -5°C, but in some cases, winter months can be quite colder with temperatures far below zero, about -20°C or lower and strong, cold north-easterly winds. Heavy snowfall or even snowstorms are also possible on some days. The weather is often breezy and humid due to the proximity of the Baltic Sea.

In summer daytime temperatures reach 20-25°C, but sometimes quite higher, 30°C or more. In most of the time, it is dry weather with sunny spells, rain often falls with sometimes heavy Thunderstorms that can occur at the end of the day. July is the warmest month with an average Temperature of 18°C. Annual Precipitation is about 400-600 mm.

Generally, the weather is best May-September, when days are warm and the nights are cool, although it rains more in spring than in summer. Autumn and winter are usually a little chilly and wet, sometimes snowy and often foggy.

## Language

The Lithuanian language (*lietuvių kalba*) is the official state language of Lithuania and is recognized as one of the official languages of the European Union. There are about 2.96 million native Lithuanian speakers in Lithuania and about 0.2 million abroad.

Lithuanian is a Baltic language, closely related to Latvian, although they are not mutually intelligible. It is written in an adapted version of the Roman script. Lithuanian is believed to be the linguistically most conservative living Indo-European tongue,

retaining many features of Proto Indo-European. The only remaining live languages belonging to the Indo-European family of languages are Lithuanian and Latvian.





## UTENA – THE LAND OF LAKES



The population in district: 40 thou.,  
in town: 25 thou.,

The territory: 1229 km<sup>2</sup>

Forests comprise: 368 km<sup>2</sup>

The number of lakes: 186



[https://www.youtube.com/watch?time\\_continue=43&v=Ma7w6wWSPCQ](https://www.youtube.com/watch?time_continue=43&v=Ma7w6wWSPCQ)

Utena is the capital of Eastern Aukštaitija and one of the oldest towns of Lithuania that was mentioned for the first time in a letter of the King Mindaugas in 1261. For the 750th anniversary of the town a unique attraction – shining and playing fountain with water screen - was equipped in Lake Dauniškis. The lake reflects a snow-white chapel of Mary Queen of Martyrs.

Utena Municipality is situated in the North East of Lithuania, 97 km north of the capital Vilnius. Utena is within one hour of the Via Baltica highway, which connects Eastern Europe with Western Europe and Scandinavia.

A blue coat of arms reflects a shining golden horseshoe with golden sparks and symbolizes happiness and protects the well-being of the house against the devil eye.



There are 28 educational institutions, including Utenos kolegija, the Regional Centre of the Vocational Education Children can get their education in Art, Music and Sports schools. One of the newest schools in the gymnasium, named after the famous historian Adolfas Šapoka.



The city has two lakes Dauniškis and Vyžuonaitis. They are hosting the most beautiful parks in the city: [Dauniškis park](#) – the place of recreation and entertainment, Vyžuonaitis park - a

future port of peace and walks are developed. [Town garden](#), [Krašuona park](#), [Vyžuona Park](#) bring joy to the eyes and the hearts of Utena residents and guests. The bike enthusiasts are not forgotten: there are many bike paths, old streets are reconstructed and new built installing the bicycle lanes. <http://utenainfo.lt/en>

The present structure of the town creates perfect conditions for industry development and for the growth of new living districts, such as Vyturiai, Dauniškis, Ažuolija, Aukštakalnis, Krašuona.

The growth of Utena was encouraged by industrial development. Company AB “*Utenos trikotažas*” which made its first clothing in 1967, today is the most modern textile companies in Central and Eastern Europe. The company production is sold to large retail chains and reaches end-users in more than 50 countries. “*Utena*” brewery prides itself on preserving excellence and brewing traditions inherited from the Czech for over nearly four decades of uninterrupted activity. It is the largest and most modern brewery in the Baltic countries. <http://www.utenosalus.lt/>

[UAB “Utenos mėsa”](#) is one of the largest Lithuanian meat processing company with deep traditions. In 1977 a new dairy in Utena was built. Now it is named [UAB Rokiškio pienas](#) and it is famous for its honorable history as well as modern technologies, has received awards in national and international exhibitions.

Utena is proud of the public library named by [A. and M. Miškiniai](#) counting already the 9<sup>th</sup> decade. After the reconstruction, it has become a modern community centre and has an exemplary library for the Eastern and Central European countries.

Under the dome of the library, members of the University of the Third Age are gathering together.

In 2013, in the social Project “Barometer of Happiness”, Utena was acknowledged to be the happiest city in Lithuania. [www.utena.lt](http://www.utena.lt)

In the international community competition “the Livcom Awards” which took place in China, 2013, Utena won the highest- Gold Award in group B.

*Come and make sure that Utena is indeed the town of happy people!*



[Video about Utena City](#)

# UTENA UNIVERSITY OF APPLIED SCIENCES

[Utena University of Applied Sciences](#) is a state higher education institution offering first cycle college-level studies which are aimed towards preparation for professional activity and are based on applied research.

Graduates are awarded a Professional Bachelor 's Degree.

It is a modern and dynamic institution and awarded with the nation and international recognition that develops partnerships and actively participates in the life of the region, Lithuania and European Higher Education Area.



## We offer:

- High-quality education at 2 faculties ([Business & Technologies](#); [Medicine](#))
- 18 study programs (9 study programs based on modular study system with a problem - based learning (PBL) approach)
- Student exchange programs: [Erasmus+](#), [NORDPLUS](#)
- [E-learning](#)
- International internships
- Modern facilities
- Experienced academic staff, invited foreign professors
- Developed applied research
- The cooperation with both national and international industry providers.
- Career Centre





## The mission

The mission of Utena University of Applied Sciences is to prepare specialists with a higher college education, meeting the needs of the regional, national and European labour market, and provide with conditions for continuous education by developing and promoting an individual's abilities to continuously learn and act under digital society conditions.



## The vision

The vision of the Utena University of Applied Sciences – a modern and dynamic state institution of higher education, acknowledged nationally and internationally, promoting and cherishing the need for knowledge and creativity of the academic staff, based on high quality demands of all the areas of activity and innovation, developing partnership and actively involved in the life of Aukštaitija

## Description of the institution

Utena University of Applied Sciences is a modern, student-oriented, state higher education institution offering higher college studies directed towards practical activity, applied researches and professional activities on completion of the study, the graduates are awarded the Professional Bachelor's qualification degree, diploma of Higher education and Diploma Supplement. The cooperation between institutions gives the students the opportunity to continue their studies in Master programs.

Today the institution offers 18 study programs and 9 of them are based on a modular study system with Problem- Based Learning approach. Study programs are accredited by the national and international experts, theoretical knowledge and practical skills are transferred to the students by excellent professors, associate professors and professionals-practitioners who have acquired deep theoretical and practical experience. Very often, some of the subjects are taught by guest lecturers from the most prestigious European universities. The career-focused studies executed under the demand of the worldwide labour market. Internships are an integral part of education.

Internalisation is one of the most important priorities of the institution and over years



we have built a large network of academic partners and enterprises from around the world. Utena University of Applied Sciences is awarded by European Quality Award, has Erasmus



Charter of Higher Education, Students have possibilities to participate in various international exchange programs, international projects. Our institution welcomes full- time students from Armenia, Latvia, Nigeria, Nepal, Ukraine, Turkey, and other countries.

Students work and study in a modern environment with well- equipped computer labs and wireless Internet connections everywhere in the buildings. We have excellent material resources, including the advanced conference and educational halls, the Centre of E-Learning, a library with access to leading e-libraries and databases. Students have good conditions for



self-expression; they are actively involved in cultural and sports activities.

## Faculties

### Faculty of Business and Technologies

The Faculty of Business and Technologies is a structural part of the University the main purpose and competence of which is to organise the studies, carry out applied research and train the professionals possessing higher education and professional qualification in the study fields of Management and Business Administration, Law, Agriculture, Ecology and Environmental Studies, Informatics Engineering, Chemistry and Industry Engineering, who meet the social economic demands of Utena Region and Lithuania.



*Dean of the faculty*

*Dr. Vaida Bartkutė- Norkūnienė*

[vaidaba@ukolegija.lt](mailto:vaidaba@ukolegija.lt)

*Maironio str. 18, LT-28142 Utena,*

*tel./ fax: +370 389 578 07*



*Dean of the faculty*

*Danguolė Šakalytė*

[d.sakalyte@utenos-kolegija.lt](mailto:d.sakalyte@utenos-kolegija.lt)

*Utenio sq. 2, LT-28241 Utena,*

*tel.+370 389 55260; fax: +370 389 508 18*

### Faculty of Medicine

The Faculty of Medicine is a structural part of the University the main purpose and competence of which is to organise the studies, carry out applied research and train the professionals possessing higher education and professional qualification in the study fields of Education, Rehabilitation, Nursing, Social Work and Odontology, who meet the social economic demands of Utena Region and Lithuania.

## INFORMATION ABOUT STUDIES

### List of programs offered

**College studies-** undergraduate professional studies in a higher education establishment, oriented to practical activities, providing possibilities of acquiring a Professional Bachelor's degree and/or professional qualification based on applied research and (or) development.

**Professional Bachelor's degree-** a qualification degree awarded to a person who has completed a study program of sequential college studies in a higher education establishment.

List of study programs: <http://www.utenos-kolegija.lt/en/studies-programs>

\*More information about studies you can find opening active link on every study program name.

No	Program code	Study program name	Qualification degree and professional qualification	Duration and form of the studies full time/ part-time
<b>FACULTY OF MEDICINE</b>				
1.	6531GX028	<a href="#">General Practise Nursing</a>	Professional Bachelor of Health Sciences, General Practice Nurse	3,5 y. full time
2.	6531JX015	<a href="#">Social Work</a>	Professional Bachelor of Social Sciences, Social Worker	3 y. full time 4 y. part-time
3.	6531GX029	<a href="#">Odontological Care</a>	Professional Bachelor of Health Sciences, Dental Assistant	3 y. full time
5.	6531GX028	<a href="#">Beauty Therapy</a>	Professional Bachelor of Health Science	3 y. full time 4 y. part-time
6.	6531GX027	<a href="#">Physiotherapy</a>	Professional Bachelor of Rehabilitation, Physiotherapist	3 y. full time
7.	6531GX026	<a href="#">Dental Technology</a>	Professional Bachelor of Health Science, Dental Technician	3 y. full time
8.	6531GX025	<a href="#">Dental Hygiene</a>	Professional Bachelor of Health Science, Dental Hygienist	3 y. full time



No	Program code	Study program name	Qualification degree and professional qualification	Duration and form of the studies full time/ part-time
<b>FACULTY OF BUSINESS AND TECHNOLOGIES</b>				
1.	6531EX042	<a href="#"><u>Occupational Safety and Environmental Engineering</u></a>	Professional Bachelor of Engineering Sciences	3 y. full time 4 y. part-time
2.	6531FX006	<a href="#"><u>Clothing Technologies</u></a>	Professional Bachelor of Technology Sciences	3 y. full time 4 y. part-time
3.	6531EX043	<a href="#"><u>Automatic Control Systems</u></a>	Professional Bachelor of Engineering Sciences	3 y. full time 4 y. part-time
4.	6531LX073	<a href="#"><u>Accounting</u></a>	Professional Bachelor of Business Management	3 y. full time 4 y. part-time
5.	6531BX020	<a href="#"><u>Information Systems Engineering</u></a>	Professional Bachelor of Informatics Sciences	3 y. full time 4 y. part-time
6.	6531FX007	<a href="#"><u>Foodstuff Technology</u></a>	Professional Bachelor of Technology Sciences	3 y. full time 4 y. part-time
7.	6531IX007	<a href="#"><u>Agriculture Technology</u></a>	Professional Bachelor of Agriculture Technology	3 y. full time 4 y. part-time
8.	6531LX076	<a href="#"><u>Business Management and innovations</u></a>	Professional Bachelor of Business and Management	3 y. full time 4 y. part-time
9.	6531LX075	<a href="#"><u>Management of Tourism Services</u></a>	Professional Bachelor of Business Management	3 y. full time 4 y. part-time
10.	6531LX074	<a href="#"><u>Transport and Logistics Business</u></a>	Professional Bachelor of Business Management	3 y. full time 4 y. part-time
11.	6531KX007	<a href="#"><u>Law</u></a>	Professional Bachelor of Law	3 y. full time 4 y. part-time

## ECTS credit allocation policy (institutional credit framework)

### What is ECTS?

ECTS is a learner-centred system for credit accumulation and transfer, based on the principle of transparency of the learning, teaching and assessment processes. Its objective is to facilitate the planning, delivery and evaluation of study programmes and student mobility by recognising learning achievements and qualifications and periods of learning.

### The ECTS credits

ECTS credits express the volume of learning based on the defined learning outcomes and their associated workload. 60 ECTS credits are allocated to the learning outcomes and associated workload of a full-time academic year or its equivalent, which normally comprises a number of educational components to which credits (on the basis of the learning outcomes and workload) are allocated. ECTS credits are generally expressed in whole numbers.

[\*ECTS Users' Guide 2015\*](#)

Local grade	Percentage of successful students normally achieving the grade	Definition	Pass/fail system
10	100-96	Excellent performance, outstanding knowledge, and skills <b>(Excellent)</b>	PASS
9	95-86	Strong performance, good knowledge, and skills <b>(Very good)</b>	
8	85-76	Above the average performance, knowledge, and skills <b>(Good)</b>	
7	75-66	Average performance, knowledge, and skills with unessential shortcomings <b>(Highly satisfactory)</b>	
6	65-61	Below-average performance, knowledge, and skills with substantial shortcomings <b>(Satisfactory)</b>	
5	60-46	Knowledge and skills meet minimum criteria <b>(Sufficient)</b>	
4	45-36	Knowledge and skills do not meet minimum criteria/below minimum criteria <b>(Insufficient)</b>	FAIL
3	35 - 26		
2	25 - 16		
1	15 - 0		

## ERASMUS+ PROGRAMME



### Application procedure for Erasmus+ students

1. **Erasmus + Student Application Form.** The application forms should be filled in electronically, printed out, signed and send per e-mail to the INTERNATIONAL RELATIONS DEPARTMENT, e-mail [erasmus@utenos-kolegija.lt](mailto:erasmus@utenos-kolegija.lt). There is no need to send the paper versions by post. You can just take the required signatures and stamps and send the scanned document to us. Kindly ask your Erasmus+ coordinator to send your nomination letter to [erasmus@utenos-kolegija.lt](mailto:erasmus@utenos-kolegija.lt).
2. **Learning agreement.** Learning Agreement has to be filled in, stamped and signed by the university and the student applying for the mobility. Both the learning agreement for studies and learning agreement for traineeship need to be filled in electronically. There is no need to send the agreements on paper by post. You can just take the required signatures and stamps and send the scanned document to us.

3. **Transcript of records.** Issued by sending institutions and provides up-to-date records of students' progress in their studies: the educational components they have taken, the number of ECTS credits they have achieved and the grades they have been awarded.

4. **Passport or ID copy** (from both sides)

5. **Health insurance card or any other relevant document.** We recommend you to have travel insurance. European Health Insurance Card is obligatory! In case you cannot apply for a European Health Insurance Card, it is obligatory to have health insurance coverage in Lithuania. NB! **Utena University of Applied Sciences does not provide you with either accident insurance, health insurance or liability insurance. Having adequate insurance is the student's responsibility.**

6. **2 official passport photos**

 7. [Application for accommodation](#)

- ***The document package should be complete. Erasmus + students' applications can only be accepted from students of our partner institutions.***
- **Deadline: 30 June (fall semester or full academic year); 10 December (spring semester).**



## International mobility possibilities



- List of partner institutions

### Has to be sent to us later before arrival:

- copy of the received visa (if applicable)
- information form about your travel details (as soon as you know it)
- information (email) about the accommodation requirements
- a valid medical statement that says that no contradictions for studying are detected.

As soon as we receive the documents mentioned above, we will issue the letter of acceptance and send it per email to Partner University.

## Language

The language of instruction for Erasmus+ exchange students is English. Please note that your language proficiency in English should be at least on the level B1/B2 in order to study or have practical training at Utena University of Applied Sciences.

- *Utena University of Applied Sciences has the right to conduct a Skype interview with you to test your language skills.*
- *We offer the Lithuanian language and Culture course for Erasmus + incoming students free of charge.*

Contact the International Relations Office at your university and find out whether your university has an Erasmus+ exchange agreement with Utena University of Applied Sciences in your field of study.

## Practical information for incoming mobile students

### BEFORE ARRIVAL

A citizen of a European Union Member State may enter the Republic of Lithuania and stay for a period not exceeding three months starting from the first day of entry into the Republic of Lithuania.

Family members of the citizens of a European Union Member State may enter the Republic of Lithuania together with the citizen of the European Union Member State or arrive at him/her and stay in the Republic of Lithuania for a period not exceeding three months starting from the first day of entry into the Republic of Lithuania.

***An alien who is not a citizen of a European Union Member State and wants to enter the Republic of Lithuania and stay in it must own a visa.***

- About visa - <http://www.migracija.lt/index.php?-1879946095>
- About permission - <http://www.lietuva.lt/100/en/live-in-lithuania/get-a-permission>

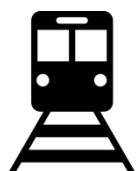
## ARRIVAL

**Traveling by plane.** There are international airports in Vilnius, Kaunas, and Palanga. They offer a wide range of flights and are expanding their destinations every year. There are buses that constantly commute between the airports (including Riga airport).



- **International Vilnius Airport**
- **Kaunas Airport**
- **Palanga Airport**

**Traveling by train.** The railway system in Lithuania belongs to the company Lietuvos Geležinkeliai (Lithuanian Railways). You can enter the country on international routes



- **Lithuanian Railways**

**Traveling by bus** is slow but comfortable. You can travel to Lithuania by bus from almost any European country. You can buy a ticket via the internet or at an international ticket office. Although the trip is longer, bus travel has its advantages; you can enjoy wonderful views through the window and there is virtually no limit on luggage weight.



- **Buses**

**Traveling by ferry.** Sea ferries on six routes connect the largest seaport of Lithuania, Klaipeda, to ports in Sweden, Denmark, Germany and Poland ([www.dfdsseaways.lt](http://www.dfdsseaways.lt), [www.scandlines.lt](http://www.scandlines.lt)). Within the country, ferries connect Klaipeda to the Curonian Spit (Smiltynė: [www.keltas.lt](http://www.keltas.lt) ).



- **Port of Klaipeda**

## Medical facilities



- <http://www.vlk.lt/sites/en/health-insurance-in-lithuania/>

If you've come from one of the 28 Member States of the European Union, Iceland, Liechtenstein, Norway or Switzerland and have a European card of health insurance, you are guaranteed state health care services in the case of an accident. You need to be aware that the card does not cover the expenses of health care services provided by the private sector.

If you are a citizen of a country outside the EU, you should contact the embassy of your country in Lithuania and enquire about the opportunities for health insurance in this country. Students above the age of 18 could be considered for insurance and get free medical care. To do so, they must present a document, proving their status as a student, to the territorial health insurance fund. Then, if you want to get registered at a health centre, you will have to fill in an application on a special form at the reception desk and present a document proving personal identity (with the photo and a National Identification Number).



**Important! In the case of an accident or real threat to your health or property, immediately call the Single Emergency Call Number 112.**

## Accommodation/housing



- Utena University of Applied Sciences offers accommodation for international students at "Student house" in Maironio str. 18, Utena. ([See location in the map](#))



- If students come to study at Medicine Faculty, they could be offered accommodation in Aušros str. 73, Utena. ([See for in map](#))

Due to the increasing number of students, only places in shared rooms are offered. Rooms are shared by two or three students. The monthly rent of a place in a room in the "Student house" is 70 EUR. The rental fee is subject to change. International exchange students are required to pay for the accommodation in advance for the entire semester at their arrival or during the introductory week.



All the rooms have free access to the Internet. Bathroom facilities are mostly shared by two rooms. There is one common use kitchen. Students are obliged to clean up and keep the order in the kitchen and rooms by themselves. The laundry room is also available for international students without extra charge.

For Erasmus + exchange Students the reservation of a place at the "Student house" is made through the International Relations Department. Students have to fill in the [Accommodation application form](#).

International degree-seeking students, apply for a place at the "Student house" by filling a relevant part of the Application form.

At the arrival, international students who were allocated a place at the "Student house" must sign an Agreement on accommodation in the Student House.

*Students are responsible for any damage done while living in the "Student House".*

## ACADEMIC CALENDAR 2023-2024 ac.y.

<b>AUTUMN SEMESTER</b>
<b>1<sup>st</sup> September 2023 – 28th January 2024</b>
Christmas holiday: 18 <sup>th</sup> December 2023- 1 <sup>st</sup> January 2024
<b>SPRING SEMESTER</b>
<b>29<sup>th</sup> January 2024 - 31<sup>th</sup> August 2024</b>
<b>OFFICIAL HOLIDAYS DURING THE ACADEMIC YEAR</b>
1 <sup>st</sup> January: <i>New Year's Day</i>
16 <sup>th</sup> February: <i>The Independence Day</i>
11 <sup>th</sup> March: <i>The Regaining of the Independence of the Country</i>
31 <sup>st</sup> March - <i>Easter</i>
1 <sup>st</sup> May: <i>Labour Day</i>
First Sunday of May - <i>Mother's Day</i>
24 <sup>th</sup> June - <i>St. John's Day, Midsummer Day</i>
6 <sup>th</sup> July: <i>State Day</i>
15 <sup>th</sup> August: <i>Feast of the Assumption</i>
1 <sup>st</sup> November: <i>All Saints Day</i>
25 <sup>th</sup> - 26 <sup>th</sup> December: <i>Christmas</i>

## CONTACTS

Administration			
Rector	Dr. Raimundas Čepukas	<a href="mailto:raimundas@utenos-kolegija.lt">raimundas@utenos-kolegija.lt</a>	+370 389 516 15
Deputy Rector for Academic Affairs and Science	Dr. Vitalija Bartuševičienė	<a href="mailto:vitalija@utenos-kolegija.lt">vitalija@utenos-kolegija.lt</a>	+370 389 516 15
Administrator	Agnė Gustienė	<a href="mailto:administracija@utenos-kolegija.lt">administracija@utenos-kolegija.lt</a>	+370 389 516 62
Faculty of Business and Technologies			
Dean	Dr. Vaida Bartkutė-Norkūnienė	<a href="mailto:vaidaba@ukolegija.lt">vaidaba@ukolegija.lt</a>	+370 389 578 07
Secretary - referent	Silvija Vidžiūnienė	<a href="mailto:vtf@utenos-kolegija.lt">vtf@utenos-kolegija.lt</a>	+370 389 578 07
Erasmus+ academic coordinator	Deividas Kurlavičius	<a href="mailto:erasmus@utenos-kolegija.lt">erasmus@utenos-kolegija.lt</a>	+370 610 69 398
Faculty of Medicine			
Dean	Danguolė Šakalytė	<a href="mailto:d.sakalyte@ukolegija.lt">d.sakalyte@ukolegija.lt</a>	+370 389 552 60
Secretary- referent	Inga Ubeikienė	<a href="mailto:medicina@utenos-kolegija.lt">medicina@utenos-kolegija.lt</a>	+370 389 597 19
Erasmus+ academic coordinator	Deividas Kurlavičius	<a href="mailto:erasmus@utenos-kolegija.lt">erasmus@utenos-kolegija.lt</a>	+370 610 69 398
International Relations Department			
Head of the International Relations Department	Rūta Jurgelionienė	<a href="mailto:trs@utenos-kolegija.lt">trs@utenos-kolegija.lt</a>	+370 687 246 23
Specialists of International Relations Department	Deividas Kurlavičius	<a href="mailto:trs.specialistas@utenos-kolegija.lt">trs.specialistas@utenos-kolegija.lt</a>	+370 610 69 398
Admission Office for International Applicants	Rūta Jurgelionienė and Deividas Kurlavičius	<a href="mailto:admission@utenos-kolegija.lt">admission@utenos-kolegija.lt</a>	+370 610 69 398
Study department			
Head of Study department	Virgilija Titeniene	<a href="mailto:virgilija@utenos-kolegija.lt">virgilija@utenos-kolegija.lt</a>	+370 389 610 62

## USEFUL ADDRESSES

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<http://www.migracija.lt/index.php?-1497548128>

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Prepared by Rūta Jurgelionienė  
[trs@utenos-kolegija.lt](mailto:trs@utenos-kolegija.lt)



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