

# UTENA UNIVERSITY OF APPLIED SCIENCES

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# **COURSE CATALOGUE**

Utenos kolegija (Utena University of Applied Sciences). Data is collected and kept in the Register of the Legal Entities, Company Code111965850. Adress: 7 Maironio str., LT28142 Utena, Lithuania Tel.(+370 389) 516 62 Fax.(+370 389) 516 62 E-mail:administracija@utenos-kolegija.lt Websitewww.utenos-kolegija.lt

# Welcome

We warmly welcome applications from international students. No matter what you choose we will work had to make sure that your stay with us offers you an exciting and rewarding experience. We offer your choice off courses and study options that will meet your talents and goals. We offer you a high quality education along with a personally enriching student life experience.

With a focus not on only on theoretical background but on professional placements as well we aim to ensure that all our students develop the range of professional and personal skills required for success in their chosen careers.

Flexibility and individuality are our real strengths. We know from experience that flexibility is very important in preparing our students for a world today in which new graduates need a wide range of knowledge, understanding and skills.

We look forward to welcoming you to Utena University of Applied Sciences in the future.



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# **FACTS ABOUT LITHUANIA**

Surface area:	65,300 sq. km
Population:	2,875,593
Capital:	Vilnius, 581,000 inhabitants
Language:	Lithuanian
Government:	Democratic republic



Lithuania, officially the **Republic of Lithuania** (Lithuanian: *Lietuvos Respublika*), is a country in Northern Europe. One of the three Baltic states, it is situated along the southeastern shore of the Baltic Sea, to the east of Sweden and Denmark. It is bordered by Latvia to the north, Belarus to the east and south, Poland to the south, and Kaliningrad Oblast (a Russian exclave) to the southwest. Lithuania is a member of the European Union, the Council of Europe, a full member of the Schengen Agreement and NATO. On 1 January 2015, Lithuania adopted the euro as the official currency and became the 19th member of the Eurozone.

## **Population and Religion**

Lithuanians are one of the ethnic groups in the Baltic region. Lithuania has a population of about 2 944 459 people. According to the data from Eurostat, 66.1 per cent of the population of Lithuania, aged 25 – 64, can speak two or more foreign languages, 31.5 per cent can speak one foreign language, and a mere 2.5 percent of the population cannot speak any foreign languages. The foreign languages people speak the most are English and Russian.Lithuanians are sometimes called the northern Italians, referring to our warm sensual nature.

Lithuania became Christianised at the end of the 14th - beginning of the 15th century. Up until that time it was a pagan country. Today, Roman Catholics represent the majority of the population. The Russian Orthodox Church, Protestants-Lutherans, Evangelical Christians Baptists, Islamic and Judaic religions are all represented in Lithuania. Believers of all religions are equal before the law.

#### More information:

http://www.lithuania.travel/en-gb/

http://www.studyinlithuania.lt/en/why\_lithuania/whynot

http://www.lietuva.lt/100/en/discover-lithuania/facts-about-us

## Climate

The climate of the Lithuania can be described as typical European continental influenced climate with warm, dry summers and fairly severe winters. January is the coldest month with daytime temperatures usually around -5°C, but in some cases winter months can be quite colder with temperatures far below zero, about -20°C or lower and strong, cold north-easterly winds. Heavy snowfall or even snowstorms are also possible on some days. The weather is often breezy and humid due to the proximity of the Baltic Sea.

In summer daytime temperatures reach 20-25°C, but sometimes quite higher, 30°C or more. In most of the time it is dry weather with sunny spells, rain often falls with sometimes heavy Thunderstorms that can occur at the end of the day. July is the warmest month with an average Temperature of 18°C. Annual Precipitation is about 400-600 mm.

Generally, the weather is best May-September, when days are warm and the nights are cool, although it rains more in spring than in summer. Autumn and winter are usually a little chilly and wet, sometimes snowy and often foggy.

#### Language

The Lithuanian language (*lietuvių kalba*) is the official state language of Lithuania and is recognized as one of the official languages of the European Union. There are about 2.96

million native Lithuanian speakers in Lithuania and about 0.2 million abroad.

Lithuanian is a Baltic language, closely related to Latvian, although they are not mutually intelligible. It is written in an adapted version of the Roman script. Lithuanian is believed to be the

Lietuvių abėcėlė (Lithuanian alphabet)						
Aa	Ąą	Bb	Cc	Čč	Dd	Ee
Ęę	Ėė	Ff	Gg	Hh	li	li
Yy	Jj	Kk	LI	Mm	Nn	00
Pp	Rr	Ss	Šš	Tt	Uu	Ųų
Ūū Vv Zz Žž						

linguistically most conservative living Indo-European tongue, retaining many features of Proto Indo-European. The only remaining live languages belonging to the Indo-European family of languages are Lithuanian and Latvian.

# **UTENA – THE LANDOF LAKES**





The population in district: 53 thou., in town: 36 thou., The territory: 1229 km2 Forests comprise: 368 km2 The number of lakes: 186

https://www.youtube.com/watch?time\_continue=43&v=Ma7w6wWSPCQ

Utena is a capital of Eastern Aukštaitija and one of the oldest towns of Lithuania that was mentioned for first time in a letter of the King Mindaugas in 1261. For the 750th anniversary of the town a unique attraction – shining and playing fountain with water screen - was equipped in Lake Dauniškis. The lake reflects a snow white chapel of Mary Queen of Martyrs.

Utena Municipality is situated in the North East of Lithuania, 97km north of the capital Vilnius. Utena is within one hour of the Via Baltica highway, which connects Eastern Europe with Western Europe and Scandinavia.

A blue coat of arm reflects a shining golden horseshoe with golden sparks and symbolizes happiness and protects well-being of the house against the devil eye.



There are 28 educational institutions, including Utenos kolegija, the Regional Centre of the Vocational Education Children can get their education in Art, Music and Sports schools. One of the newest schools is gymnasium, named after the famous historian Adolfas Šapoka.



The city has two lakes Dauniškis and Vyžuonaitis. They are hosting the most beautiful parks in the city: Dauniškis park – the place of recreation and entertainment, Vyžuonaitis park - a future port of peace and walks are developed. City garden, Krašuona river-walks in downtown, Vyžuona Park bring joy to the eyes and the hearts of Utena residents and guests. The bike enthusiasts are not forgotten: there are many bike paths, old streets are reconstructed and new built installing the bicycle lanes. <u>http://utenainfo.lt/en</u>

The present structure of the town creates perfect conditions for industry development and for the growth of new living districts, such as Vyturiai, Dauniškis, Ąžuolija, Aukštakalnis, Krašuona.

The growth of Utena was encouraged by industrial development. Company AB "*Utenos trikotažas*" which made its first clothing in 1967, today is the most modern textile companies in Central and Easter Europe. The company production is sold to large retail chains and reaches end users in more than 50 countries. "*Utena*" brewery prides itself preserving excellence and brewing traditions inherited from the Czech for over nearly four decades of uninterrupted activity. It is the largest and most modern brewery in the Baltic countries. <u>http://www.utenosalus.lt/</u>

UAB "Utenos mėsa"is one of the largest Lithuanian meat processing company with deep traditions. In 19977 a new dairy in Utena was built. Now it is named "UAB Rokiškio pienas" and it is famous for its honourable history as well as modern technologies, has received awards in national and international exhibitions.

Utena is proud of the public library named by A. and M. Miškiniai counting already the 9<sup>th</sup> decade. After the reconstruction, it has become a modern community centre and has an exemplary library for the Eastern and Central European countries. <u>http://www.uvb.lt/en/</u>

Under the dome of the library, members of University of the Third Age are gathering together.

In 2013, in social Project "Barometre of Hapiness", Utena was acknowledged to be the happiest city in Lithuania. <u>www.utena.lt</u>

In the international community competition "the Livcom Awards" which took place in China, 2013, Utena won the highest- Gold Award in group B.

Come and make sure that Utena is indeed the town of happy people!



## **UTENA UNIVERSITY OF APPLIED SCIENCES**

Utena University of Applied Sciences is a state higher education institution offering first cycle college level studies which are aimed towards preparation for professional activity and are based on applied research.

Graduates are awarded Professional Bachelor 's Degree.



It is a modern and dynamic institution and awarded with nation and international recognition that develops partnerships and actively participates in the life of region, Lithuania and European Higher Education Area.

## We offer:

- > High quality education at 2 faculties (Business & Technologies; Medicine)
- > 21 study programmes (9 study programs based on modular study system with problem based learning (PBL) approach) I
- > Student exchange programmes: Erasmus+, NORDPLUS
- ➢ E-learning
- International internships
- Modern facilities
- > Experienced academic staff, invited foreign professors.
- Developed applied research
- > The cooperation with both national and international industry providers.





## **The mission**

The mission of the College – to educate and train professionals of various areas possessing higher college education, meeting the demands of the regional, national and European labour markets and to create conditions for continuous education by educating person's abilities to learn continuously and act under the conditions of knowledge society being formed.





## **The vision**

The vision of the College – a modern and dynamic state institution of higher education, acknowledged nationally and internationally, promoting and cherishing the need for knowledge and creativity of the academic staff, based on high quality demands of all the areas of activity and innovation, developing partnership and actively involved in the life of Aukštaitija Region and Lithuania.

#### **Description of the institution**

Utena University of Applied Sciences is a modern, student-oriented, state higher education institution offering higher college studies directed towards practical activity, applied researches and professional activities.

On completion of the study, the graduates are awarded the Professional Bachelor's



qualification degree, diploma of Higher education and Diploma Supplement. The great cooperation between higher education institutions in Great Britain, Bulgaria and Latvia provides students with opportunity to graduate with two or three degrees. The cooperation between institutions gives the students opportunity to continue their studies in Master programmes.

Today the institution offers 21 study programs and 9 of them are based on modular study system with Problem- Based Learning approach. Study programmes are accredited by the national and international



experts, theoretical knowledge and practical skills are transferred to the students by excellent professors, associated professors and professionals-practitioners have acquired deep theoretical and practical experience. Very often, some of the subjects are taught by guest lecturers from the most prestigious European universities. The career- focused studies executed under demand of worldwide labour market. Internships are integral part of the



education.

Internalisation is one of the most important priorities of the institution and over years we have built a large network of academic partners

and enterprises from around the world. Utena University of Applied Sciences is awarded by European Quality Award, has Erasmus Charter of Higher Education, Students have possibilities to participate in various international exchange programmes, international

projects. Our institution welcomes full- time students from Armenia, Latvia, Nigeria, Nepal, Ukraine, Turkey and other countries.

Students work and study in a modern environment with well- equipped computer labs and wireless Internet connection everywhere in the buildings. We have excellent



material resources, including the advanced conference and educational halls, the Centre of E-



Learning, a library with access to leading elibraries and databases. Students have good conditions for self-expression; they are actively involved in cultural and sports activities.

#### **Faculties**

#### **Faculty of Business and Technologies**

The Faculty of Business and Technologies is a structural part of the University the main purpose and competence of which is to organise the studies, carry out applied research and train the professionals possessing higher education and professional qualification in the study fields of Management and Business Administration, Law, Agriculture, Ecology and Environmental Studies, Informatics Engineering, Chemistry and Industry Engineering, who meet the social economic demands of Utena Region and Lithuania.



Dean of the faculty Regina Bagdonavičienė dekanevtf@utenos-kolegija.lt Maironio str. 18, LT-28142 Utena, tel./ fax: +370 389 578 07



#### **Faculty of Medicine**

The Faculty of Medicine is a structural part of the University the main purpose and competence of which is to organise the studies, carry out applied research and train the professionals possessing higher education and professional qualification in the study fields of Educology, Rehabilitation, Nursing, Social Work and Odontology, who meet the social economic demands of Utena Region and Lithuania.

Dean of the faculty Doc. Dr. Raimundas Čepukas <u>raimundas@utenos-kolegija.lt</u> Utenio sq. 2, LT-28241 Utena, tel.+370 389 55260; fax: +370 389 508 18

## **INFORMATION ABOUT STUDIES**

## List of programmes offered

**College studies**- undergraduate professional studies in a higher education establishment, oriented to practical activities, providing possibilities of acquiring a Professional Bachelor's degree and/or professional qualification based on applied research and (or) development.

**Professional Bachelor's degree**- a qualification degree awarded to a person who has completed a study programme of sequential college studies in a higher education establishment.

No	Program code	Study programme name	Qualification degree and professional qualification	Duration and form of the studies full time/ part time
		FACULTY	OF MEDICINE	
1.	6531GX028	General Practise Nursing	Professional Bachelor of Health	3,5 y. full time
			Sciences, General Practice Nurse	
2.	6531JX015	<u>Social Work</u>	Professional Bachelor of Social	3 y. full time
			Sciences, Social Worker	4 y. part time
3.	6531MX012	Social Pedagogy	Professional Bachelor of	3 y. full time
			Education, Social Pedagogue	4 y. part time
4.	6531GX029	Odontological Care	Professional Bachelor of Health	3 y. full time
			Sciences, Dental Assistant	
5.	6531GX028	Beauty Therapy	Professional Bachelor of Health	3 y. full time
			Science	4 y. part time
6.	6531GX027	<u>Physiotherapy</u>	Professional Bachelor of	3 y. full time
			Rehabilitation, Physiotherapist	
7.	6531GX026	Dental Technology	Professional Bachelor of Health	3 y. full time
			Science, Dental Technician	
8.	6531GX025	<u>Dental Hygiene</u>	Professional Bachelor of Health	3 y. full time
			Science, Dental Hygienist	

List of study programs: <u>http://www.utenos-kolegija.lt/en/studies-programs</u>

No	Program code	Study programme name	Qualification degree and professional qualification	Duration and form of the studies full time/ part time				
	FACULTY OF BUSINESS AND TECHNOLOGIES							
1.	6531EX042	Engineering of	Professional Bachelor of	3 y. full time				
		Environment Protection	Engineering Sciences	4 y. part time				
2.	6531FX006	Clothing Design and	Professional Bachelor of	3 y. full time				
		<u>Technology</u>	Technology Sciences	4 y. part time				
3.	6531EX043	Automatic Control Systems	Professional Bachelor of	3 y. full time				
			Engineering Sciences	4 y. part time				
4.	6531LX073	Accounting	Professional Bachelor of	3 y. full time				
			Business Management	4 y. part time				
5.	6531EX044	Electrical Energetics	Professional Bachelor of	3 y. full time				
			Engineering Sciences	4 y. part time				
6.	6531BX020	Information Systems	Professional Bachelor of	3 y. full time				
		Engineering	Informatics Sciences	4 y. part time				
7.	6531FX007	Foodstuff Technology	Professional Bachelor of	3 y. full time				
			Technology Sciences	4 y. part time				
8.	6531IX007	Agriculture Technology	Professional Bachelor of	3 y. full time				
			Agriculture Technology	4 y. part time				
9.	6531LX076	Business Management	Professional Bachelor of	3 y. full time				
			Business and Management	4 y. part time				
10.	6531LX075	Tourism and Hotel	Professional Bachelor of	3 y. full time				
		Administration	Business Management	4 y. part time				
11.	6531LX074	Transport Business	Professional Bachelor of	3 y. full time				
			Business Management	4 y. part time				
12.	6531KX007	Law	Professional Bachelor of Law	3 y. full time				
				4 y. part time				
13.	6581LX005	Hospitality Management	Professional Bachelor of	3 y. full time				
		(English)	Business and Management					

## **ECTS credit allocation policy (institutional credit framework)**

#### What is ECTS?

ECTS is a learner-centred system for credit accumulation and transfer, based on the principle of transparency of the learning, teaching and assessment processes. Its objective is to facilitate the planning, delivery and evaluation of study programmes and student mobility by recognising learning achievements and qualifications and periods of learning.

#### **The ECTS credits**

ECTS credits express the volume of learning based on the defined learning outcomes and their associated workload. 60 ECTS credits are allocated to the learning outcomes and associated workload of a full-time academic year or its equivalent, which normally comprises a number of educational components to which credits (on the basis of the learning outcomes and workload) are allocated. ECTS credits are generally expressed in whole numbers.

#### ECTS Users' Guide 2015

Local grade	Percentage of successful students normally achieving the grade	Definition	Pass/fail system
10	100-96	Excellent performance, outstanding knowledge and skills <b>(Excellent)</b>	PASS
9	95-86	Strong performance, good knowledge and skills <b>(Very good)</b>	
8	85-76	Above the average performance, knowledge and skills <b>(Good)</b>	-
7	75-66	Average performance, knowledge and skills with unessential shortcomings (Highly satisfactory)	
6	65-61	Below average performance, knowledge and skills with substantial shortcomings <b>(Satisfactory)</b>	
5	60-46	Knowledge and skills meet minimum criteria <b>(Sufficient)</b>	
4	45-36	Knowledge and skills do not meet	FAIL
3	35 - 26	minimum criteria/below minimum	
2	25 - 16	criteria (Insufficient)	
1	15 - 0		

## **Application procedure for Erasmus+ students**

**1. Erasmus + Student Application Form.**The application forms should be filled in electronically, printed out, signed and send per e-mail to the INTERNATIONAL RELATIONS DEPARTMENT, e-mail<u>trs@utenos-kolegija.lt</u>.There is no need to send the paper versions by post. You can just take the required signatures and stamps and send the scanned document to us. Kindly ask your Erasmus+ coordinator to send your nomination letter to <u>trs@utenos-kolegija.lt</u>.

•2. Learning agreement. Learning Agreement has to be filled in, stamped and signed by the university and the student applying for the mobility. Both the learning agreement for studies and learning agreement for traineeship need to be filled in electronically. There is no need to send the agreements on paper by post. You can just take the required signatures and stamps and send the scanned document to us.

3. **Transcript of records.** Issued by sending institution and provides up-to-date record of students' progress in their studies: the educational components they have taken, the number of ECTS credits they have achieved and the grades they have been awarded.

4. Passport or ID copy (from both sides)

5. **Health insurance card or any other relevant document.** We recommend you to have travel insurance. European Health Insurance Card is obligatory! In case you cannot apply for a European Health Insurance Card, it is obligatory to have health insurance coverage in Lithuania. NB! Utena University of Applied Sciences does not provide you with neither accidence insurance, health insurance or the liability insurance. Having the adequate insurance is the student's responsibility.

#### 6. 2 official passport photos

**7**. Application for accommodation

The document package should be complete. Erasmus + students'applications can only be accepted from students of our partner institutions.

Deadline: 30 June (fall semester or full academic year); 10 December (spring semester).

## **International mobility possibilities**



<u>List of partner institutions</u>

## Has to be sent to us later before arrival:

- copy of the received visa (if applicable)
- information form about your travel details (as soon as you know it)
- information (e- mail) about the accommodation requirements
- > valid medical statement that says that no contradictions for studying are detected.

As soon as we receive the documents mentioned above, we will issue the letter of acceptance and send it per email to Partner University.

## Language

The language of instruction for Erasmus+ exchange students is English. Please note that your language proficiency in English should be at least on the level B1/B2 in order to study or have a practical training at Utena University of Applied Sciences.

- Utena University of Applied Sciences has the right to conduct a Skype interview with you to test your language skills.
- We offer Lithuanian language and Culture course for Erasmus + incoming students free of charge.

Contact the International Relations Office at your university and find out whether your university has an Erasmus+ exchange agreement with Utena University of Applied Sciences in your field of study.

## Practical information for incoming mobile students

## **BEFORE ARRIVAL**

A citizen of a European Union Member State may enter the Republic of Lithuania and stay there in for a period not exceeding three months starting from the first day of entry into the Republic of Lithuania.

Family members of the citizens of a European Union Member State may enter the Republic of Lithuania together with the citizen of the European Union Member State or arrive to him/her and stay in the Republic of Lithuania for a period not exceeding three months starting from the first day of entry into the Republic of Lithuania.

# An alien who is not a citizen of a European Union Member State and wants to enter the Republic of Lithuania and stay in it, must own a visa.

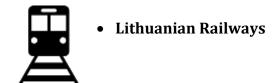
- About visa http://www.migracija.lt/index.php?-1879946095
- > About permission http://www.lietuva.lt/100/en/live-in-lithuania/get-a-permission

## ARRIVAL

**Travelling by plane.** There are international airports in Vilnius, Kaunas and Palanga. They offer a wide range of flights and are expanding their destinations every year. There are buses that constantly commute between the airports (including Riga airport).

- イ
- International Vilnius Airport
- Kaunas Airport
- Palanga Airport

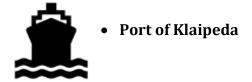
**Travelling by train.** The railway system in Lithuania belongs to the company Lietuvos Geležinkeliai (Lithuanian Railways). You can enter the country on international routes from Moscow, Minsk, Mahilyow, Warsaw and Saint Petersburg. Trains also run from Königsberg through Lithuania to some cities in Russia and Ukraine.



**Travelling by bus** is slow but comfortable. You can travel to Lithuania by bus from almost any European country. You can buy a ticket via the internet or at an international ticket office. Although the trip is longer, bus travel has its advantages; you can enjoy wonderful views through the window and there is virtually no limit on luggage weight.



**Travelling by ferry.** Sea ferries on six routes connect the largest seaport of Lithuania, Klaipeda, to ports in Sweden, Denmark, Germany and Poland (<u>www.dfdsseaways.lt</u>, <u>www.scandlines.lt</u>). Within the country, ferries connect Klaipeda to the Curonian Spit (Smiltynė: <u>www.keltas.lt</u>).



## **Medical facilities**

• <u>http://www.vlk.lt/sites/en/health-insurance-in-lithuania/</u>

If you've come from one of the 28 Member States of the European Union, Iceland, Liechtenstein, Norway or Switzerland and have a European card of health insurance, you are guaranteed state health care services in the case of an accident. You need to be aware that the card does not cover the expenses of health care services provided by the private sector.

If you are a citizen of a country outside the EU, you should contact the embassy of your country in Lithuania and enquire about the opportunities of health insurance in this country. Students above the age of 18 could be considered for insurance and get free medical care. To do so, they must present a document, proving their status as a student, to the territorial health insurance fund. Then, if you want to get registered at a health centre, you will have to fill in an application on a special form at the reception desk and present a document proving personal identity (with the photo and a National Identification Number).

#### Important! In the case of an accident or real threat to your health or property, immediately call the Single Emergency Call Number 112.

## **Accommodation/housing**





Utena University of Applied Sciences offers accommodation for international students at "Student house" in Maironio str. 18, Utena. (<u>See location in map</u>)

If students come to study at Medicine Faculty, they could be offered accommodation in Aušros str. 73, Utena. (<u>See location in map</u>)

Due to the increasing number of students, only places in shared rooms are offered. Rooms are shared by two or three students. Monthly rent of a place in a room in the "Student house" is 55 EUR. Rental fee is subject to change. International exchange students are required to pay for the accommodation in advance for the entire semester at their arrival or during the introductory week. All the rooms have free access to Internet. Bathroom facilities are mostly shared by two rooms. There is one common use kitchen. Students are obliged to clean up and keep the order in the kitchen and rooms by themselves. Laundry room is also available for international students without extra charge.

For Erasmus + exchange Students the reservation of a place at the "Student house" is made through the International Relations Department. Students have to fill in Accommodation application form.

International degree-seeking students, apply for a place at the "Student house" by filling a relevant part of the Application form.

At the arrival, international students who were allocated a place at the "Student house" must sign an Agreement on aAccommodation in Student House.

Students are responsible for any damage done while living in the "Student House".

## **ACADEMIC CALENDAR**

AUTUMN SEMESTER					
1 <sup>st</sup> September 2018 – 3 <sup>rd</sup> February 2019					
Christmas holiday:24 <sup>th</sup> December 2018- 1 <sup>st</sup> January 2019					
Winter holiday:28 <sup>th</sup> January- 3 <sup>rd</sup> February 2019					
SPRING SEMESTER					
4 <sup>th</sup> February 2019 - 30 <sup>th</sup> June 2019					
Easter holiday: 22 <sup>nd</sup> - 28 <sup>th</sup> April 2019					
OFFICIAL HOLIDAYS DURING THE ACADEMIC YEAR					
1 <sup>st</sup> January: New Year's Day					
16 <sup>th</sup> February: The Independence Day					
11 <sup>th</sup> March: The Regaining of the Independence of the Country					
21 <sup>st</sup> April - <i>Easter</i>					
1st May: Labour Day					
First Sunday of May - Mother's Day					
24 <sup>th</sup> June - St. John's Day, Midsummer Day					
6 <sup>th</sup> July: State Day					
15 <sup>th</sup> August: Feast of the Assumption					
1 <sup>st</sup> November: All Saints Day					
25 <sup>th</sup> - 26 <sup>th</sup> December: Christmas					

## **CONTACTS**

Administration						
Rector		<u>direktorius@utenos-</u> <u>kolegija.lt</u>	+370 389 516 15			
Deputy Rector for Academic Affairs	Aliona Siniciene	aliona@utenos-kolegija.lt	+370 389 516 15			
Deputy Rector for Science and Development	Dr. Vitalija Bartuševičienė	vitalija@utenos-kolegija.lt	+370 389 516 62			
Administrator	Agnė Kriugiškytė	<u>administracija@utenos-</u> <u>kolegija.lt</u>	+370 389 516 62			
Faculty of Business and Technologies						
Dean	Regina Bagdonavičienė	<u>dekanevtf@utenos-</u> <u>kolegija.lt</u>	+370 389 578 07			
Secretary - referent	Silvija Vidžiūnienė	<u>vtf@utenos-kolegija.lt</u>	+370 389 578 07			
Erasmus+ academic coordinator	Agnė Kriugiškytė	<u>erasmusvtf@utenos-</u> <u>kolegija.lt</u>	+370 389 516 62			
Faculty of Medicine						
Dean	Dr. RaimundasČepukas	<u>raimundas@utenos-</u> <u>kolegija.lt</u>	+370 389 552 60			
Secretary- referent	Inga Ubeikienė	<u>medicina@utenos-</u> <u>kolegija.lt</u>	+370 389 597 19			
Erasmus+ academic coordinator	Danguolė Šakalytė	<u>erasmusmf@utenos-</u> <u>kolegija.lt</u>	+370 686 04 178			
International Relations Department						
Head of the International Relations Department	Rūta Jurgelionienė	<u>trs@utenos-kolegija.lt</u>	+370 687 246 23			
Specialists of International Relations Department	Goda Šuminė Agnė Kriugiškytė	<u>trs.specialistas@utenos-</u> <u>kolegija.lt</u>	+370 389 516 62			
Admission Office for International Applicants	Goda Šuminė	<u>admission@utenos-</u> <u>kolegija.lt</u>	+370 389 516 62			
Study department						
Head of Study department	Virgilija Titenienė	<u>virgilija@utenos-</u> <u>kolegija.lt</u>	+370 389 610 62			

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## Prepared by Rūta Jurgelionienė

trs@utenos-kolegija.lt

www.utenos-kolegija.lt

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